

Knowledgebase > Email, calendar, and contacts > How to forward email as an attachment in MacOS Mail

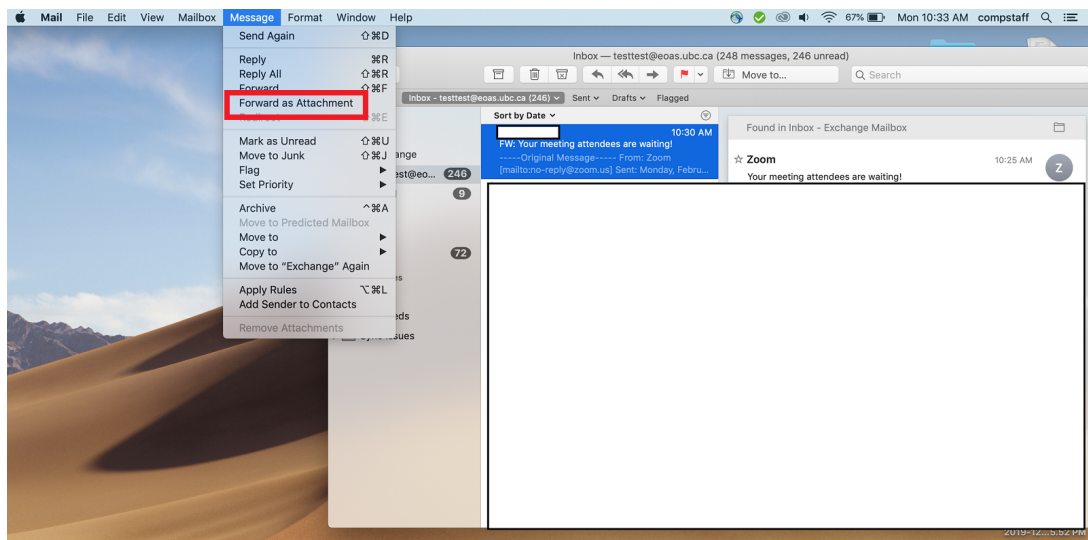
## How to forward email as an attachment in MacOS Mail

Burner EOAS - 2020-02-24 - Comments (0) - Email, calendar, and contacts

The default behaviour for MacOS Mail when forwarding email is to quote the email's content and include it in the body of a new email. For spam filtering systems, this type of inline-forwarding lacks important data including the email's header lines.

To forward an individual message in its full and original state, which includes the email's content and all the header lines:

- Open the message and select *Forward as Attachment* from the menu, or right-click the email from the list and select *Forward as Attachment*
- Enter the email address to where the message should go.
- 



Tags  
attachment  
MacOS  
MacOS Mail  
phishing  
spam

### Attachments

- [mac mail.png \(1.23 MB\)](#)